

# ONLY TOBACCO COMPANIES WOULD FIGHT CUTTING HEART ATTACKS IN HALF.



“Most people hear tobacco and think lung cancer. But secondhand smoke also attacks the heart.”

**Want to save a lot of lives, fast?** Tobacco companies don't. They battle to stop smokefree measures like the one in Helena, Montana that cut the incidence of heart attack by 40% in its first six months.

**Secondhand smoke kills 53,000 Americans each year.** While tobacco kills one-third to one-half of smokers, secondhand smoke goes on to kill about one out of ten nonsmokers most heavily exposed. Secondhand smoke can cause cancer, and no level of exposure is safe.

**Because no feasible ventilation system can eliminate the health risks of secondhand smoke, the only solution is to go 100% smokefree.**

Secondhand smoke has many of the same effects on nonsmokers as smoking does on pack-a-day smokers. The link to lung cancer is proven. So are significant blood platelet and blood vessel changes in as short as half an hour — changes that boost the chances and increase the severity of heart attacks. Secondhand smoke also triggers asthma attacks.

**The good news? Hundreds of communities and a growing number of states have already gained smokefree protection.** The bad news? Tobacco companies continues to work behind the scenes to stop, weaken and overturn *simple, strong and fair* smokefree measures across the country. Is your health at risk?

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**[www.bismarcktobaccofree.com](http://www.bismarcktobaccofree.com)**  
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