

HOW TO PROTECT YOURSELF AGAINST A KILLER ON THE JOB.

“No one should have to choose between their health and their paycheck.”



Asthma. Heart attacks. Cancer. Secondhand smoke kills 53,000 people in the U.S. every year. It's an internationally recognized hazard to human health, with no safe level of exposure.

Restaurant and bar workers are exposed to 3-6 times more secondhand smoke than people married to smokers. Hospitality workers are the most heavily exposed and have the least protection on the job.

Going smokefree works. A recent study found a 40% drop in heart attacks within six months of a smokefree measure going into effect. Another found nonsmoking bartenders recovered their lung function in six to eight weeks after smokefree laws took effect. Putting 100% *simple, strong and fair* smokefree measures to work protects everyone in the community — even smokers' families.

To learn more, visit
www.bismarcktobaccofree.com
or call us today at (701) 222-6525.

Over 1,600 U.S. communities protect workers from secondhand smoke. We can, too.

**Bismarck
Tobacco Free
Coalition**



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 **AMERICAN
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of North Dakota
Improving Life, One Breath at a Time

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It's Your Right to Breathe Smokefree.