

**SMOKING
IS
OPTIONAL.**

**BREATHING
IS
NOT.**



New medical evidence indicates that even a little exposure to secondhand tobacco smoke could increase your risk of a heart attack. Secondhand smoke also causes cancer and is especially harmful to children.

You should not have to breathe secondhand smoke against your will!

The Bismarck Tobacco Free Coalition is working to help reduce tobacco smoke from the air you breathe - at work, in restaurants, and in public places.
