



B I S M A R C K TOBACCO FREE C O A L I T I O N

Bismarck-Burleigh Public Health
PO Box 5503
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Bismarck, ND 58506-5503

SUMMER 2008



Fargo Smoke Free Law Wins By Sue Kahler

The primary election on June 10th in Fargo was a historical moment when the citizens voted to have a 100% smoke free ordinance. A strong majority of 61% voted to protect all workers from secondhand smoke by passing a ballot initiative requiring that all workplaces, including bars, truck stops and places rented to private parties, will be smoke free beginning July 1st. This primary election was an advisory vote which was approved by West Fargo City Commission on June 16th. They are part of the public health success stories sweeping the nation. According to the Americans For Nonsmoker's Rights Foundation there are 426 municipalities that have 100% smoke free ordinances and 13 states that have 100% smoke free laws. **This is a victory for our state!**



Bette Deede and Chelsey Matter from the Fargo Cass Tobacco Prevention and Control Program

UPCOMING EVENTS

**Freedom From Smoking
Classes at Bismarck Burleigh
Public Health**
August 13 through September 17

**Bismarck Tobacco Free
Executive Board Meeting**
Friday, August 15 at 8 AM

**Bismarck Tobacco Free General
Membership Meeting**
Tuesday, September 23 at 6:30pm

**The 4th Annual Bismarck
Tobacco Prevention Youth
Summit will be held on
October 10, 2008 at the
Radisson Hotel.**



Visit our newly updated website!

www.bismarcktobaccofree.com

New additions: Go under the "Youth" section and click on "Educators"

- ★ **Resource Lending Library document** – this includes a videos, displays, visual aids and books to help educate youth about dangers of tobacco and secondhand smoke.
- ★ **Websites with lesson plans and ideas**

- ★ **Activities for Grades K-12**
Remember, if you need schedule your Towards No Tobacco Use (TNT) program for 5th & 6th grade or other presentations on tobacco contact Sue Kahler, School Tobacco Prevention Coordinator at 355-1595, sjkahler@nd.gov.



Implementing Tobacco Control Into the Primary Healthcare Setting

By Pat McGeary

Suzanne Shields, Director of the Student Health Center from United Tribes Technical College, attended “Implementing Tobacco Control Into the Primary Healthcare Setting” held in Rapid City, South Dakota. The five day training covered basic tobacco intervention skills for medical and allied health professionals. These included tobacco related statistics, secondhand smoke, tobacco dependence, readiness to change, intensive interventions, quit plans, and pharmacotherapy. The training

was sponsored by the Aberdeen Indian Health Services. The University of Arizona Healthcare Partnership facilitated the training. The Bismarck Burleigh Public Health Tobacco Prevention Program funded travel expenses for Suzanne to attend.

According to the 2006 ND Behavioral Risk Factor Surveillance Survey (BRFSS), the smoking rate for American Indians in North Dakota is 47.9%. Suzanne will have many opportunities to use the skills and knowledge she acquired at the training.



Left to Right: Zenen Salazar, University of Arizona HealthCare Partnership, Suzanne Shields RN, Director of Student Health Center, United Tribes Technical College, Louise J. Strayer, University of Arizona HealthCare Partnership.

Coming Soon, a New Training Power Point for Tobacco Retailers



TRAINING GOALS

This training will help you learn about:

- Bismarck tobacco ordinances that restrict sales to minors.
- How to comply with the ordinance
- How to avoid penalties
- Available resources and information



Stopping tobacco sales to minors depends on commitment and action by you and your employees.

FAST FACTS

- There are over 4000 deadly chemicals in tobacco and tobacco smoke.
- Each day about 4000 kids in the U.S. smoke their first cigarette.
- 90% of all adult smokers began in their teens.
- Teens are more likely to be influenced to smoke by cigarette marketing than by peer pressure.

You can quit. We can help.

Free, private phone counseling support to help you quit using tobacco.

North Dakota Tobacco QUITLINE

1-866-388-QUIT
1-866-388-7848

